



VETERANS OF FOREIGN WARS MASON DIXON POST 7234

JUNE 2025

COMMANDER'S CORNER

Comrades, Auxiliary, & Friends,

My 2 yr. term as your Post Commander is soon coming to an end. This will be my next to last newsletter you will be receiving from me. My beautiful wife Debbie and I have looked upon my term as a wonderful journey with an amazing adventure that neither of us would trade. Along the way we've made many friends and enjoyed so many joyful moments; enough to fill our lifetime. It has truly been a most gratifying experience for both of us, especially for me to serve the post and to have the privilege o help guide it to its greatness it deserves. I've had the opportunity to choose and to work with a wonderful group of Officers. A group who has worked hard to seize the time to further the Post's glorious future to come. I'm very proud of what our Team, as Commander and Fellow Officers have achieved. We've worked together as a team. There was no (I) in our team. Over these two years the Post has surpassed and added so many new accomplishments. To improve our post was our first and utmost priority. As Members of post 7234 you've shown us your satisfaction and approvals. Its created an excitement thats been long over due. The newly elected soon to be Commander Chad Myers and his Officers will continue to strive in improving the day to day functions of our wonderful post As the saying goes, "I'm leaving it in good hands". Its set up for more greatness. Everything is In place to succeed: John Frye's canteen management success, The Reilly brothers maintenance, The patronage of our source of volunteers. The future is here and set. As for me, well, "old commanders never really disappear, we just fade away."

If you missed my last newsletter article above, then you've missed my words of affection I have for this post and its Members. Being the Commander of this great post is a prestigious position, one that I didn't take lightly. Everything I've done was for the betterment of our post. I've been a part of 7234 for all of a decade. The hardest and most trying part is getting to know some members and watching as they passed on, and then as the Commander. who has to preside over the services that our VFW provides for the deceased Veterans. In the last six years I have been involved in some 75 or more funerals and have performed these services under 4 different Commanders including myself. On a brighter side. One of the more gratifying feeling was reading the was Voice Of Democracy and the Patriots Pens submissions of young students who wrote essays on their feelings about Veterans and then

freedoms they are privileged to have because of these Veterans. We can see there is hope for the future by listening to our young to whom we offer scholarships. Its great knowing how they feel and how they think.

I want to thank all of you for the opportunity and the faith you entrusted in me to lead you and this great post these past 2 yrs as Commander. From the very bottom of my heart its has truly been my greatest honor to serve you and this post. These are memories that I will forever hold dear. I feel , I know! I've left the post in good standing for the future, I have always done my best. The Next Commander and his staff deserve the same amount of respect that you have shown me.

Thankfully yours,
Jim Jensen
Commander



AUXILIARY PRESIDENT

We have just all celebrated the unofficial start of summer this past Memorial Day weekend. I hope that everyone took time out to attend a Memorial Day Ceremony, either at the Post or at the Bethany Beach Bandstand, and remember / reflect on what this Holiday is truly about. As most celebrate as a day off, extend weekend, or a reason to celebrate.....we in the VFW Family remember because (and I borrow a phrase)

“ with every hot dog, every burger, every spin around the lake, or drink with friends and family... is a debt... purchased by others. This day is not about all who served...that day comes in the fall. This one is in honor of those who paid in life and blood: whose moms never saw them again, whose dads wept in private, whose wives raised kids alone, and whose kids only remember them from pictures. This isn't simply a day off. This is a day to remember- that others paid for every free breath you ever get to take.”



The Memorial Day Ceremonies at the Post and Bethany Beach Bandstand were both memorable and reflective of our thanks for the sacrifices that our military men and women made. Members of our Auxiliary participated along with Post members to Honor our fallen Veterans. Auxiliary Chaplain Eileen Healy read the roll of deceased Auxiliary members at both Ceremonies and other Auxiliary members participated as members of the Honor Guard. As Auxiliary President I had the honor, along with Fulton Loppatto and Irv Hudson (our oldest living Veteran) of continuing the tradition that was started after the completion of our Memorial of laying a carnation on our Memorial stone. A few pictures have

been included from both ceremonies but more can be seen at our face book page:

<https://www.facebook.com/VFWAUX7234/>

Post and Bethany Beach Memorial Day Ceremonies





Americanism and Youth Programs

Our Youth and Americanism chairs, Susan Clarke and Cindy Weese, conducted a Flag etiquette and Flag folding class with Scout Troop 281. Scouts were instructed on the meaning of the 13 folds of the American Flag and with the Assistance of Honor Guard members John Gossart (Captain), Marty Striefler, and myself were taught the proper way of folding the American Flag.



Hospital Program

Our Hospital program led by Shirley Stong continues to do wonderful work for our veterans and community with visits. Although weather and illness have hampered some of their work last month they work tirelessly to brighten the day of all they serve and support.

Scholarship Program

Our scholarship program, Chaired by Karen Ware, has been busy reviewing and judging essays that were submitted by students at Indian River High School on "Why Veterans join the VFW". A winner has been selected and a \$1,500 scholarship will be award to the winning essay writer.

Auxiliary Outreach

Members continue to participate in over 30 different projects in the community accumulating countless hours working with Cheers Center, C.E.R.T, Freeman Art, Local FOP, etc. Members recently volunteered at the Race for Warriors Event in Lewes, Delaware where several members also participated.



Message from the President

I would like to express what an honor and privilege it has been to serve as your Auxiliary President for the past three years. I am extremely proud of our accomplishments, the way our Auxiliary has given so selflessly of their time to support and serve our post and the way we have served our Veterans and our community. Your efforts are appreciated and do not go unnoticed. Our Auxiliary is truly the best, and sets the example for the rest of the State and Nation to follow.

Over the past three years our Auxiliary has accomplished many things that we should be proud of both individually and collectively. We have grown and laid a strong foundation for where we want to go as an organization in serving our Veterans. We have found ways to operate more efficiently and with greater purpose. Have no doubt that the strides we take have and will have a lasting effect. On a personal side, I was honored to have been part of the committee for planning, design, and construction of our Memorial Park started by deceased Commander Hal Dietrich and completed by Past Commander and friend John Gossart Jr. This is an everlasting tribute to our Veterans and loved ones that is ever growing. I am honored to continue being involved as additional bricks are added to our Memorial Park. This will always hold a special meaning for me.

A President is only as successful as the supporting cast around them, from elected officers, to program chairs, to members that worked tirelessly to make our organization thrive. I was blessed with having some of the best for the past three years. To my Officers and Chairman during my tenure, thank you for all your hard work and support in serving our Veterans and making our Auxiliary simply the envy of the State. To my right hand person for the past three years (you know who you are)....thank you. To my wife Cindy, a special thanks for providing all your support and being there with me. Our Auxiliary demonstrates the success that comes from a group effort.



For the past three years our Auxiliary has utilized the acronym **F.I.R.S.T** (Family, Involvement, Respect, Service, Teamwork) as a foundation. Family – together with our VFW counterparts we are one family. Involvement – get involved, no matter how small or big it is appreciated. Respect – for yourself and one another. Teamwork – We operate together as a team to support our Veterans.

I believe that as long as we remember this acronym and stick together as a **team** there is nothing we cannot achieve. A successful organization is not about what I did, but rather about what we did. I look forward to the upcoming Auxiliary year and wish our incoming leadership team much success. Thank you for the opportunity to serve as President of the largest Auxiliary in the Country, it was my Honor and I hope I represented you well.

T.E.A.M – Together Everyone Achieves More

As always stay safe, stay healthy, support one another and our Veterans, and pray for them and their families. I wish our Fathers a Happy Father's Day.

Dale Weese, Jr.
President, #7234 Auxiliary
(302) 614-6298
aux7234.de@gmail.com

BOARD OF DIRECTORS NOTES

Comrades and Auxiliary Members,



This is my final VFW Post 7234 Newsletter input as the Chairperson of your Board of Directors. You will still see my input in future Newsletters, but in a different capacity.

I want to publicly thank the outgoing Board Members whose terms expire in June. They include Jim Jensen (though Jim will remain on the Board as the Non-Voting Past Commander Member), Bill Healy, Fulton Loppatto, Rick Delaney, Paul Kerstanski, and Dale Weese (a Non-Voting Member as President of the Post Auxiliary). Their years of service, valuable input, learned recommendations, tough decisions and dedication to your Post are appreciated and commended.

Conversely, the Board welcomes the following Members elected during May's General Membership Meeting: Jay MacDonald, Steve Kern,

Tom St. Clair, Sharon Ruest and Mike Tuckman (returning for another term). A current copy of the Board's By-Laws has been distributed to all Members for familiarization with responsibilities and procedures.

A new Post Quartermaster has been elected by our Membership. Duties and responsibilities are being reviewed to determine the most efficient way to accomplish them, moving forward. A couple of members have volunteered to help perform some of these functions. It is envisioned that some duties can and will be delegated in order to spread the wealth. We could use several more members to help out the Post. Contact the QM.

During May, your Post Officers and Board Members participated in many activities. Several deserve to be singled out. 1) On May 4th the Post started serving the first of many Sunday Breakfast Buffets throughout the summer. 2) Also, on May 4th in the afternoon, the Post hosted the third in our series of Guest Speakers when our own Ty Magliola and a fellow enthusiast spoke on the life of Soldiers during the Civil War. 3) On the evening of May 8th we attended our initial JROTC Award Ceremony at Sussex Central High School to present our Scholarship Grant and Certificates to deserving Cadets. 4) For the Best Grilled Chicken in the area be sure to stop by the VFW's Chicken Shack on Coastal Hwy in Bethany which opened for the summer on May 17th. 5) Music on the Deck along with grilled hamburgers and hot dogs returned on Sunday afternoons. 6) On May 24th (at the Post) and May 26th (at the Bethany Beach Bandstand) we paused to conduct Memorial Day Ceremonies to honor our fellow Comrades who made the ultimate sacrifice while defending our country. We hope you have attended and participated in some, or all, of these events. Most importantly, for our Members and their Guests, Post Officers and Board Members continue to be present, on site at the Post on a regular basis. The purpose is to be accessible to our Members to greet them, make them feel welcome, and answer questions they may have. This demonstrates your Board's commitment to the success of our Post and to the seamless continuity of operations for our Members and their Guests.

In June, several upcoming events are worthy of special mention. Check the Post Calendar for details. 1) Steamed Crabs make their annual return to our Thursday night menu. 2) The Delaware Dept VFW State Convention is being held in Wilmington on 13 – 14 June. 3) The Post hosts a Yard Sale in the parking lot on Saturday, June 14th. 4) On Saturday, June 28th the Post will host a Luncheon sponsored by the Help-A-Vet Committee for Veterans and Caretakers to access information and one-on-one sessions with Service Officers and others with expertise. We hope you can attend and participate in some, or all, of these events. Of course, we will continue to have Monday Game Nights alternating between Mingo and Trivia; the staples of Cheese Steak Subs on Tuesdays and Flip Five on Wednesdays; Poker games on Thursday afternoons; Line Dancing on Friday afternoons; either Pizza and Wings or AYCE Buffet Meals on Friday Nights; Prime Rib with Live Music on Saturday nights, and Music on the Deck with Grilled Hamburgers and Hot Dogs each Sunday. There truly is something for everyone, each day of the week. We invite each VFW Member to visit and bring up to three Guests to the bright new atmosphere that helps make your Post all that it can be.

Our Canteen Manager, Kitchen Crews, Bartenders, and an outstanding array of Volunteers are committed to serving those who served our country. We could not keep our doors open without these dedicated Employees and Volunteers. Having said that, we are in constant need of Volunteers as Kitchen Helpers, Servers, Clean Up Crews, etc. We hope to see new, fresh faces soon. We can work around your schedule. It only involves a few hours per week.

Your VFW Family wants to see you at the Post and asks for your patience in dealing with Post employees, volunteers, and staff members. We all want you and your guests to have an enjoyable experience while at the Post. Keep in mind that VFW Post 7234 is an organization operated primarily by a small paid staff and augmented by many Volunteers. Each Employee and Volunteer is devoted to doing their best. Feel free to respectfully complain when it is warranted, but better yet, fill out a Volunteer Application Form and pitch in to make our Post, your Post, the best that it can be. Your Board of Directors join all Members as we continue to Honor and Serve our Veterans – first, last, and always.

- Chad Myers, outgoing Chairperson, Board of Directors

CHAPLAINS' CORNER

Hello Everyone,

It's a privilege and an honor to introduce myself as the new Chaplain at VFW Post 7234. I'm excited about the opportunity to serve and support our members, and I look forward to being here for you whenever needed.

About My Background

Before stepping into this role, I served as a Chaplain Assistant—now known as a Religious Affairs Specialist—with the United States Army Reserve (USAR) 200th Military Police Command at Ft Meade, MD. Those experiences gave me a deep appreciation for the importance of spiritual guidance and community connection; values I plan to bring to this position

.

A Personal Note

My husband, Shawn, and I retired to Ocean View in 2020 and joined the Post shortly after settling in. We've enjoyed meeting so many wonderful people, and I want to thank Jim and Debbie Jensen, our neighbors, for encouraging us to join.

Taking Over a Legacy

With Chaplain Scully transitioning to a new position, I'm truly honored to have been asked to take over. I hope to build on the incredible work she has done and continue to support our members with care and dedication.

Looking Forward

As I step into this role, I'm looking forward to a year filled with opportunities to make new friends, strengthen our community, and serve in meaningful ways. Together, I'm confident we'll continue to make Post7234 a place where everyone feels welcome and supported.

Thank you for trusting me with this role. I'm excited to get started and work with all of you to make this a memorable year!

Something to Ponder

"I learned a long time ago that worrying is like a rocking chair. It gives you something to do, but it doesn't get you anywhere." —*Van Wilder* (2002)

Jeannette Twigg

Post Chaplain

DECEASED MEMBERS



Our deepest sympathy goes out to the families who have lost loved ones. Eternal rest grant unto them O' Lord, may the perpetual light shine upon them, and may they rest in peace. Amen.

Please call Jeannette Twigg at 30-381-539-9981 for the VFW or Annie Berger at 302-539-9981 for the Auxiliary, if a member is sick or has passed away

SEVICE OFFICER OUTREACH

U.S. Announces Major Change to Veterans Benefits as Concern Over Cuts Rises

Story by Jessica McBride

The U.S. Department of Veterans Affairs [announced a series of major changes](#) to veterans benefits.



In a May 5, 2025, press release, [the VA announced](#) "a three-pronged approach to eliminate barriers and streamline the process for how eligible survivors and dependents of deceased Veterans and service members apply for and receive VA benefits and services."

The day after these changes unfolded, [ProPublica published](#) a major investigation into budget and research cuts at the VA, which it reported were imperiling enrollment in clinical trials. VA officials across the country have warned in emails of impact from cuts, including to a registry tracking cancer, **ProPublica** reported.

"Doctors and other health care providers across the VA have been left scrambling and short-staffed amid an ever-shifting series of cuts, hiring freezes and other edicts" from the White House, **ProPublica** reported.

In March, **PBS**, [citing an internal memo obtained by the Associated Press](#), reported that The Department of Veterans Affairs is "planning an 'aggressive' reorganization that includes cutting 80,000 jobs."

However, in an April 29, 2025, [press release](#), the VA wrote that its changes at the agency were designed to "refocus the department on its core mission" to provide better services to veterans and their families.

That press release said the VA had opened "six new health care clinics around the nation," brought "thousands of employees off of remote work," shifted treatment funds to helping paralyzed veterans and amputees, processed a "record number of disability claims," accelerated a near-dormant electronic health record system, and redirected hundreds of millions of dollars from "non-mission-critical efforts to health care, benefits and services that directly support VA beneficiaries' families."

On May 5, the VA's release outlined these changes:

- Starting this month, the VA's [Office of Survivors Assistance](#) will move to the Office of the VA Secretary in an attempt to remove the office from "layers of bureaucracy."
- The VA will create a "white-glove" survivor outreach team "to guide and assist eligible survivors throughout their [Dependency and Indemnity Compensation](#) (DIC) claims process," also in May 2025.
- Starting immediately, the VA "will begin work to identify areas where automation can be used to make the DIC claims process easier to navigate for survivors."

"The last thing survivors need in their time of grief is frustrating red tape and bureaucracy. That's why we are creating a better system to more quickly and effectively provide survivors the services, support and compassion they've earned," said VA Secretary Doug Collins.

At the Office of the VA Secretary, a staff of "five full-time employees will advise the Secretary on all matters related to the policies, programs and legislative issues affecting survivors and dependents," the release said.

The VA's "White-Glove" Survivor Outreach Team "will begin operations in May 2025 and consist of experts based out of the Philadelphia VA Regional Benefit Office," according to the news release. "These experts will receive specialized training and guide and assist eligible survivors throughout every step of the DIC claims process."

The VA "now automates more than 1,000 DIC claims payments or adjustments per day and is in the process of ongoing enhancements to increase automation that will expedite survivors' claims and improve their experience," the release added. "VA will also be identifying additional areas where automation can be used to make all benefits delivery processes easier to navigate for eligible surviving dependents."

The Office of Survivors Assistance was established by [Public Law 110-389, Title II, Section 222, in October 2008](#), to serve as a resource regarding all benefits and services furnished by the Department to Survivors and Dependents of deceased Veterans and members of the Armed Forces. OSA also serves as a principal advisor to the Secretary of Veterans Affairs and promotes the use of VA benefits, programs, and services to survivors.

In the course of perusing this Web site, OSA hopes that Survivors and dependents, Veterans, their families, caregivers and others will become more knowledgeable about the benefits and services offered by VA to eligible Survivors and dependents, and take the next steps to apply, if deemed eligible.

If you have any questions or concerns, please submit an inquiry through <https://ask.va.gov>.

In Comradeship,
H. Rich Fales, Post Service Officer
Cell: (301) 325-3813
Email: richfales@gmail.com (NEW)



HONOR GUARD NEWS

During the month of May, the Honor Guard participated in 2 Memorial Day Ceremonies and Services.

On May 24th the Memorial Day Ceremony and Service was held at the Memorial Park at our Post.



Twelve members of our Honor Guard participated and rendered Volley and Taps and the ringing of the bell for our Post and Auxiliary deceased members. Our Honor Guard Drum Corps (John and Marty Reilly) led our procession. (see photos)

On May 26th the Honor Guard again participated in the Memorial Day Ceremony and Service held at the Bethany Beach Boardwalk. Sixteen members of our Honor Guard participated in the posting of colors and our Volley and Taps with our Drum Corps leading the procession. (see photos)

On May 4th at the Post, Honor Guard member Ty Magliola along with his friend from Long Island, NY, presented their narrative on the life and experiences of the men who fought for the Union during the American Civil War. "Gone For Soldier". The presentation centered on the personal day to day life of the enlisted man...where they fought, why they fought, their equipment and personal belongings, how they survived. A display of period items was shown. Thanks to Ty and Bob!! (see photos)

Each month the Honor Guard recognizes and honors a member of the Honor Guard for their dedicated service to our Post and Comrades. This month we recognize Marty Striefler.



SGT Marty joined the Honor Guard in 2022 and is a consistent participant. He is the Honor Guard Inspection Officer. Marty states the following:

“ Being a member of the Honor Guard shows respect to all veterans and their families.

I joined the Marine Corps at 17 years old just after graduating from high school. Boot Camp was at Paris Island. SC.

My MOS was 6042 (Aviation Structural Mechanic)

Primary training at NAS Millington/Memphis TN, after this I had orders to MCAS New River, NC (aviation side of Camp Lajune). I reported to my first training squadron HMH-362 (CH-53's & CH-46 's). I received orders to my permanent squadron HMH-461 (all CH-53's).

While assigned to HMH, I was deployed several times, 2 NATO cruises aboard USS Guadalcanal and the USS Saipan where I participated in cold weather training in Norway and inside the Arctic circle. (this makes me an official “blue nose”). I was also deployed to Ft Drum NY and the high dessert Cali for additional cold weather training; I also participated in the WTI (weapons tactics instructor) as a door gunner in Twentynine Palms and NASA Yuma. I was deployed to the Dominican Republic to provide hurricane relief.

I have always considered it a privilege and honor to serve and I am a proud veteran of the USMC. “Semper Fidelis”

VFW Post 7234 recognizes and salutes Honor Guard Member Martin Striefler!

**We are grateful to our Post Honor Guard for their dedication and service and “salute” you for your representation
of Mason Dixon VFW Post 7234.**

**REMEMBER NOT EVERY COLOR GUARD IS AN HONOR GUARD
BUT EVERY HONOR GUARD IS A COLOR GUARD!**

To learn more about Mason Dixon VFW Post 7234 Honor Guard and our duties and responsibilities, please contact me.

John F. Gossart, Jr.

Captain of the Honor Guard

240-304-8183

Judge800@yahoo.com

Or:

Mike Schiffer

Assistant Captain of the Honor Guard

302-448-1877

Rschiffer0@gmail.com

***The purpose of the Honor Guard is to provide funeral honors for our fallen comrades and guard national monuments. An Honor Guard may also serve as the ‘guardians of the colors’ “by displacing and escorting the national flag on ceremonial occasions at official functions.”**



CANTEEN CORNER

Now that summer has arrived and our post hustles with activity it is extremely important to be extra kind and patient with our employees and volunteers. They work extremely hard to make your visit as enjoyable as possible. So take a minute to thank our bar staff, kitchen staff and volunteers for all they do.

June promises to be a very busy month as we kickoff our summer season. Mondays will continue to be our popular trivia and Mingo nites. Tuesday is the areas best cheesesteak nite followed by the ever popular Flip 5. Thursday June 12 will be our first crab nite. Crabs are \$50 a dozen, same as last year. Orders are due by the proceeding Tuesday. First crab nite orders are due by Tuesday June 10th, 2pm. Our Friday nite menu begins June 6th, \$12 large cheese pizza and \$1 wings. Friday June 13th is seafood nite, with music ny DJ Denny, stay tuned for more exciting information. Friday nite June 20th is our Summer Kickoff party. Buffet from 5 - 7, Dave Crites Crites on the deck 6 - 9. Our sunset specials will begin that evening as well. Friday June 27th, is our popular Seafood Boil with DJ Cruise spinning tunes from 6 - 10 pm. Saturday evenings will continue with our Prime Rib Dinner and great band music from 6 - 10pm. Calling all Mahjong players there will be an interest / information meeting on Thursday June 12, at 12 pm. Diane Monhollan will conduct the meeting. Our annual summer cornhole tournament will be Saturday June 21st, Sign-up 12pm. Also the Help A Veteran program will be on June 21st, 1 pm, with a luncheon to follow.

Thank you,

John Frye

Canteen Manager

THE GREAT SCRAPPLE DEBATE

People have strongly held views and debates about a lot of subjects, including food. But all of those differences pale in comparison to the Great Debate between Delaware and Pennsylvania natives about scrapple, a kind of meatloaf made from pork scraps after all the good parts (ham, bacon, sausage meat, pork chops and roast, etc.) have been removed.

You may not realize the depth of their feelings about this. I've seen it firsthand. I was at a Post event when I listened to John Mitchell, a native Delawarean and all-star Sunday breakfast crew grill chef, and a woman from Pennsylvania, who had been helping people at the event, discuss the relative merits of DE and PA scrapple. I'd describe it in diplomatic speak as "a frank exchange of views." But neither one was persuaded by the other. You could call it "agree to disagree."



Best I can remember is that PA claims to have originated scrapple in Colonial times in the 17th century in Pennsylvania Dutch areas in Lancaster and maybe Chester counties. I found out later that PA even has a song dedicated to scrapple: "The Pride of Pennsylvania," by Robbie Fulks and his alternative country band on Bloodshot Records. I also learned that some PA scrapple fans are making a venison version during deer hunting season. (For more

information, see "Pennsylvania Scrapple," by Amy Straus.)

Delaware may not have the longest scrapple history, but apparently has the most popular product. About 100 years ago, Ralph and Paul Adams started a scrapple plant in Bridgeville, DE. The RAPA brothers' brand is the largest seller of scrapple in the world. The 2-day Apple-Scrapple Festival in Bridgeville in October draws about 30,000 visitors every year.

But these facts are not reasons to eat it, although I know it's popular. When I was working with a fun group of volunteers on a breakfast crew at the Post during summers, I could see, from my vantage point next to the dishwasher in the kitchen, the serving line right outside the door. I was always surprised by the number of trays of fried RAPA scrapple consumed by the breakfast crowd. When I asked people what was in it, I was told: "Don't ask." Or "Everything." Not a great endorsement. So, I went looking for a recipe.

Here's one from Denise Clemon's 2016 book, "A Culinary History of Southern Delaware." She says it's somewhat like the RAPA commercial product for creative DIY cooks.

Ingredients

2 pounds of fatty cuts (scraps really) of pork from the "jowls" (that's from the pig's head) and shoulder, bones included.

1 pound pork liver

1-1/2 quarts water

2 bay leaves

10 pepper corns

2 tablespoons salt

2 teaspoons dried sage

1 teaspoon ground coriander

2 teaspoons black pepper

3 cups cornmeal

Preparation

-Combine pork, water, bay leaves and peppercorns in a large saucepan.

-Heat to boil; then reduce heat to a simmer.

-Simmer until pork is tender (about 2-1/2 hours).

-Remove from heat and allow to cool to room temperature.

-Strain mixture, reserve and set aside the broth.

-Pull the cooked pork from the bones and grind meat in a food processor.

-Combine the reserved broth, ground meat and remaining ingredients in a saucepan and cook over medium-low heat until thickened (about 15 minutes).

-Spoon the mush into two parchment-lined loaf pans.

-Refrigerate until firm.

-Use or freeze the scrapple mixture.

To serve, cut into slices about 3/8-inch thick and pan fry on both sides in butter or lard until crisp and golden brown. That's all there is to it.

Now, I'm not a picky eater, although I don't like eggs, except in cakes. I've lived on Army C-Rations for a while and I've eaten local dishes in foreign lands. No scrapple. I learned in a survival course that you may have to eat some strange things to survive, but they never mentioned scrapple.

Thinking about the recipe, I'm going to take a pass on scrapple, whether from Delaware or Pennsylvania. And I'm not getting between friends in the scrapple debates. It's like politics and religion, a no-win subject to avoid. For all those who love scrapple, I'd say "bon appetite," but that doesn't sound right considering the mix of pig jowls, etc. So I'll just say good luck in your next wellness checkup.

Looking forward to June, here are a few dates to keep in mind in addition to all the events on the Post calendar.

June 6. D-Day (1944). Anniversary of the U.S. and Allies landings in Normandy and the beginning of the liberation of France and other countries from Nazi Germany occupation in World War II.

June 12. Women Veterans Day, observed and celebrated in a number of states, although not yet in Delaware, to honor the millions of women who have served our nation in war and peace since 1775.

June 14. We have two important anniversaries to celebrate this year:

- The 250th birthday of the U.S. Army, established by the Continental Congress in 1775; and**
- National Flag Day, established by Congress in 1949 to recognize the adoption of the stars and stripes design of the "Flag of the United States," by the Continental Congress on this day in 1777.**

June 15. Father's Day.

June 19. "Juneteenth National Independence Day" holiday, established by Congress and President Biden in 2021, to recognize the day when the Union army brought news of President Lincoln's 1863 Proclamation to Texas in 1865. However, the Proclamation only freed the slaves in states in the Confederacy. Slavery was still permitted in other states, including Delaware, Maryland,

Kentucky and Missouri. Slavery was abolished throughout the United States by the 13th Amendment to the Constitution when it was ratified on December 6, 1865.

June 20. Summer begins.

June 22. The Pledge of Allegiance approved by Congress in 1944.

Hope you enjoy every day in June.

Jerry Hardiman



LEADERSHIP TEAM

Commander	James Jensen
Sr. Vice Cmdr	Chad Myers
Jr. Vice Cmdr	Mike Tuckman
Quartermaster	Bill Healy
Adjutant	Fulton Loppatto
Chaplain	Phyllis Scully
Judge Advocate	John Gossart Jr.
Surgeon	Richard Wagner
Officer of the Day	Andy Artemchuk
Guard	Jeff Ringel
Service Officer	Rich Fales
Honor Guard Capt	John Gossart Jr.
Trustee	Greg Albertson
Trustee	Rob Gill
Trustee	Skip Coale

BOARD OF DIRECTORS

Chairman	Chad Myers
President	James Jensen
Vice President	Chuck Guido
Treasurer	Bill Healy
Secretary	Ken Weber
Board Member	Andy Artemchuk
Board Member	Fulton Loppatto
Board Member	Mike Tuckman
Board Member	Jeff Ringel
Board Member	Rick Delaney
Board Member	Paul Kerstanski
Board Member	Dale Weese

AUXILIARY TEAM

President	Dale Weese
Sr Vice Pres	Karen Ware
Jr Vice Pres	Susan Clark
Secretary	Ty Magliola
Treasurer	Roberta Walter
Chaplain	Eileen Healy
Guard	Shirley Stong
Conductress	Connie Weber
Patriotic Ins	Peg Atkins
Trustee	Connie Weber
Trustee	Carol Weber
Trustee	Chuck Bologna

Veteran Claims Assistance

Our state Veterans Service Officer comes to our Post the 2nd Thursday of every month at 1:30PM; to make an appointment you can contact him at david.hilliard@va.gov or 302-994-2511 ext 7586

FOOD BANK

Please continue to drop off food items at the entry way. We continue to support our local families in need. Thank you for your donations.

**VFW POST 7234 HONOR GUARD
TO BECOME A MEMBER, PLEASE
CONTACT JOHN GOSSART
240-304-8183**

HELP A VET PROGRAM

**Veterans - Need Assistance, a friendly call, a visit, etc.
Contact our Post:
VFWpost7234@gmail.com**

Member Sick or Deceased

Please call:

For VFW – Phyllis Scully 302-539-9981

For Aux – Eileen Healy 302-539-9981

Assistance with VA claims or benefits

Please call:

**Rich Fales (301)325-3813 or email me
richfales@gmail.com**

For the Latest Updates and News

**Please send your email to
vfwpost7234@gmail.com**

